

# Cyber Safety

## LOOKING AFTER CHILDREN ONLINE

Internet users are responsible for the amount of information they reveal online. Most information published online is available for anyone to view and may be difficult to remove. It can also be used for purposes that may not have been intended.

If you are supervising children using the internet, you can help them stay safe online by reminding them of the following simple steps:

- never share passwords, no matter how much they trust their friends.
- use strong passwords with a combination of letters and numbers, not something that is easy to guess, like a pet's name or a favourite singer.
- don't publish their personal details or those of their friends, such as names, ages, school details, email addresses or phone numbers on social networking sites (including profiles).
- don't publish inappropriate photos of themselves or anyone else and ask permission before writing about other people or publishing their photo.
- don't reply to nasty email messages (but keep a copy of them in case they're needed if trouble arises).
- block senders of inappropriate or unpleasant messages or delete the person if they are in their contact list.
- don't give out their mobile number to people they don't know or trust.
- save all nasty messages on their email accounts or mobile phones as evidence and show an adult.

Contact the relevant telecommunications company to block problem numbers on your mobile service.

For help and advice about kids' safety online contact the Cybersafety Contact Centre on 1800 880 176 or Kids Helpline on 1800 551 880.

For more detailed information on helping children stay safe online visit the ACMA site at [www.acma.gov.au](http://www.acma.gov.au) and the Cybersmart site at [www.cybersmart.gov.au](http://www.cybersmart.gov.au)

# GUIDES FOR PARENTS

These are guides to the platforms that children are interested in most. Understand what children are doing online.

## ***Platforms you should know about:***



## WHERE TO GO FOR HELP

Most social networking sites have information and tools on how to report problems and help users control who can access their information. Check these out when you sign up and make sure you keep security and private settings up to date.

Report any criminal activity to the police in your state or territory.

**ACCC** [www.accc.gov.au](http://www.accc.gov.au)

For advice on scams and how to report them contact the Australian Competition and Consumer Commission (ACCC) or call SCAMwatch on 1300 302 502.

**ACMA** [www.acma.gov.au](http://www.acma.gov.au)

As well as information on how to help children stay safe online, the ACMA has an internet hotline to report prohibited content at [www.acma.gov.au/hotline](http://www.acma.gov.au/hotline) or call 1800 880 176. Complaints about spam and spam scams (e-mail, instant messages, SMS and MMS) can be made to the ACMA at [www.spam.acma.gov.au](http://www.spam.acma.gov.au), on 1300 855 180 or forward SMS spam to 0429 999 888.

**ASIC** [www.asic.gov.au](http://www.asic.gov.au)

The Australian Securities and Investments Commission (ASIC) investigates scams involving financial products and services including cold calling, phone investment scams and illegal investment schemes.

**DBCDE** [www.dbcde.gov.au/helpbutton](http://www.dbcde.gov.au/helpbutton)

The Help Button is a free application available for download from the Department of Broadband, Communications and the Digital Economy's website. It provides internet users, particularly children and young people, with easy online access to cybersafety information and assistance. It offers counselling, reporting and educational resources to assist young people to deal with online risks including cyberbullying and offensive or inappropriate material.

DBCDE [www.dbcde.gov.au/easyguide](http://www.dbcde.gov.au/easyguide)

## INCIDENT REPORT

If you feel something is not OK, wrong or need help. Students may log an incident anonymously and our welfare team will be able to assist you.



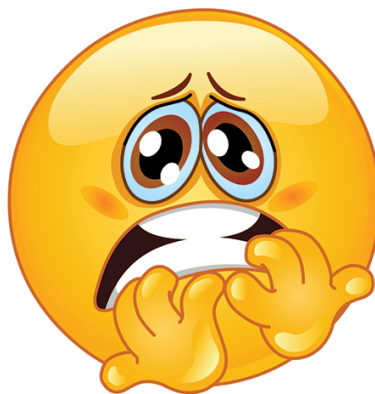
### Is That OK?

**Concerns**

Did you see something that you're unsure of?  
Are you not sure if you should tell someone?  
Have you seen or heard something online that is upsetting you or somebody else?

**Examples**

People saying bad things about you or somebody else online.  
Inappropriate languages or images online.  
A friend has an open/public social media account.



### Something is Wrong

**Concerns**

I've seen something and I don't like it.  
I'm pretty sure someone will get hurt by this.  
I need assistance / guidance for the next steps to take.

**Examples**

Someone making threats on social media.  
Imposing as a different person, or group bullying on social media (iMessage, Kik).  
Harassment.



### It's really bad, I need HELP!

**Concerns**

Urgent, I need help!  
It's only going to get worse until something is done.

**Examples**

Someone knows my details/ passwords and they're using my account.  
Inappropriate use of technology.  
Inappropriate photos being passed on to me.  
Someone is asking you to send photos of yourself, or give out personal information.